

## GROWTH GROUP DISCUSSION

### CONNECT

Have you ever had an experience where you felt your life was in danger? Share.

### LEARN & APPLY

Read Genesis 4:8-12; Matthew 5:21-24; John 10:10

In the story of Cain & Abel, what is the motive for murder?

What do you think Cain means when he says, "Am I my brother's keeper?" How would you respond to this question as you think about your brothers and sisters in Christ?

What do you think Jesus means when he says to "leave your offering at the altar?" Does this share anything with the story of Cain & Abel?

How do you see Jesus at work bringing you abundant life? How do you think he wants to use you to bring abundant life to others?

Do you ever struggle with an inner voice of anger toward others? How are you seeking God's help?

What is God saying to you today? How will you respond?

### PRAY

Take time in your growth group to pray for one another over issues of anger. Conclude your time together by praying the Lord's Prayer paying special attention to the portions about receiving and giving forgiveness.