

# GROWTH GROUP DISCUSSION

## CONNECT

What's the longest you've ever gone without food? Why? Share your experience with the group.

## LEARN & APPLY

What stood out to you in the message this week?

### Read Isaiah 58:1-12

- What does this tell us about what's important to God?
- How is caring for others like fasting? What do they have in common?

### Read John 15:9-17

- What do you think Jesus meant about "joy", and about "fruit that will last" in these verses? How do those things connect into this command to love?

### Read 1 John 3:18 and 1 John 4:21

- What do these verses tell us about what can prevent us from loving and what overcomes those barriers in us?

## PRAY

Lord Jesus, we know what love is because you first loved us! Help us, as your people, to reflect that love to those who need it around us both in word and in deed so the world may know your love through us. In Jesus' name we pray. Amen.