

# Weekly Study Guide

The week of June 5, 2016

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## *Learning to Live Without Revenge*

### **This week's learning goal:**

We are learning to respond to opposition and threats with spiritual power expressed through forgiveness and blessing instead of vengeance.

## Soul Training

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### **Option 1:**

*Christian growth takes practice. Nobody runs a marathon with their first step out the door. Use these weekly "soul training exercises" to help you practice cooperating with the Holy Spirit so you can hear and walk by the Spirit's leading all throughout your life.*

This exercise is meant to help us love the people we are currently struggling with. Spend a few minutes each day this week praying for people who have done you wrong, asking God to bless him or her. Be sincere in your prayer—dig deep, asking for as many good things to happen to that person as you can think of. Do this once a day for four or five days this week and see if your heart begins to change toward this person.

### **Option 1 & 2:**

*Regular habits of private Bible reading strengthen our relationship with God and teach us how to follow Jesus. In addition to the thematic exercise above, you can use this guide each week to lead you through relevant sections of the Bible.*

## **Daily Readings**

### **MONDAY**

Matthew 22:15-33

### **TUESDAY**

Matthew 22:34-46

### **WEDNESDAY**

Matthew 23:1-12

### **THURSDAY**

Matthew 23:13-39

### **FRIDAY**

Matthew 24:1-35

### **SATURDAY**

Matthew 24:36-51



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